

Class Schedule Imagine Spa

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
06:30								06:30			
06:45	Core				Core			06:45			
07:00								07:00			
07:15								07:15			
07:30			Yoga					07:30			
07:45									07:45		
08:00									08:00		
08:15								08:15			
08:30								08:30			
08:45						SPIN Gym Team		08:45			
09:00									09:00		
09:15								09:15			
09:30	BODY CONDITIONING Gym team	BODY CONDITIONING Gym team	SPIN gym team		BODY CONDITIONING Gym Team			09:30			
09:45										09:45	
10:00						Yoga		10:00			
10:15									10:15		
10:30		AQUA	AQUA	AQUA					10:30		
10:45											10:45
11:00											11:00
11:15								11:15			
11:30								11:30			
11:45								11:45			
12:00								12:00			
12:15								12:15			
12:30								12:30			
12:45								12:45			
13:00	Core	Core and Stretch	LBT	Core	Core and Stretch			13:00			
13:15											
13:30								13:30			
13:45								13:45			
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15:15								15:15			
15:30								15:30			
15:45								15:45			
17:00	BOOT CAMP Gym team	Zumba		BOOT CAMP Gym Team	Zumba			17:00			
17:15											17:15
17:30								17:30			
17:45								17:45			
18:00								18:00			
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20:00								20:00			
20:15								20:15			
20:30								20:30			

The club reserves the right to substitute instructors and amend classes

